

# Non-alcoholic sangria

## Ingredients

*Makes 1 large jug*

½ lime (juice)  
10 grapes (sliced)  
1 orange (sliced with skin on)  
150ml orange juice  
100ml pink grapefruit juice  
250ml red grape juice  
250ml apple and raspberry juice  
500ml sparkling water

## Equipment

Knives  
Chopping boards  
Measuring jug  
Large serving jug  
Mixing spoon

## Method

1. Slice the lime in half and squeeze the juice into a large serving jug.
2. Measure out the juices.
3. Add the juices to the serving jug, stir slowly.
4. Cut the orange into slices leaving the peel on.
5. Slice the grapes in half. Add the orange and grapes to the serving jug.
6. Add the sparkling water, stir well and enjoy!