## **WEEK 7 MENU**

| 14 <sup>th</sup> October<br>2024 | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|----------------------------------|--|--|---|--|---|
| Main Dish<br>Meat                | Wholemeal<br>Pizza and<br>Wedges   | Spanish<br>Chicken with<br>Rice and<br>Green Beans | Sausage with<br>Homemade<br>Mash, Gravy and<br>Peas | Steak and Vegetable Shortcrust Pie with Baby Carrots | Fish Fingers with<br>Chips and<br>Garden Peas |
| Main Dish<br>Vegetarian          | Cheese<br>Toasties   | Vegetable and<br>Lentil Stew                       | Sri Lankan Sweet Potato and Coconut Curry with Rice | Spanish<br>Omelette with<br>crisp salad              | Veggie Sausage<br>Roll                        |
| Soup                             | Carrot and<br>Coriander  | Broccoli and<br>Cheddar                            | Chef Choice   | Pea Soup   | Chinese<br>Sweetcorn                          |
| Salad Bar                        | Sandwiches, Jacket potatoes with tuna, cheese or beans, salad and hummus available daily |  |   |  |   |
| Dessert                          | Fresh Fruit<br>Salad   | Flapjack and<br>Cookies                            | Iced Sponge<br>Cake with<br>Custard                 | German Apple<br>Cake                                 | Cheese and<br>Crackers                        |

Halal options are also available.